

SMART Learning: Using feedback

	I do this	I sometimes do this	I never do this
I self assess my work regularly (e.g. against checklists, exemplar work)			
I regularly compare my work to that of my peers			
I actively seek constructive criticism of my work from different sources			
I am not defensive when my work is reviewed by others & always reflect on comments with an open mind			
I always read written feedback twice – once to get an overview & again to focus on what I need to do to improve work			
When receiving oral feedback I make notes on how to improve my work			
I ask for further clarification on feedback comments I don't understand			
If I don't agree with feedback I receive I look again at my work objectively & get an independent second opinion			
After feedback I set myself realistic, achievable targets to review my work & set time limits for achieving them			
When I have made the improvements to my work I check what I have done against the feedback I was given			
I keep feedback in a safe place so it is easy to access			